

OLD BUDDY

I've had this dull
cramp-like pain in
my chest for I
think three weeks.
Doesn't really hurt
that much mostly nags
but who knows go
get it checked.
Doctor finds nothing
suggests stress recommends
rest possibly job change.
I'm relieved stress
is an old buddy.
Two three days
pain is gone &
I go on living
the reality
I choose.

GAME OF DOUBT

Some nights now he
feels he's being
dragged into tomorrow.

Other nights he's
half sure promises
can be kept.

Who whispered to me
in childhood life
is a game of doubt

he asks & wonders
if his diminishing
faith means he

is growing up
or growing old.